GET OFF TO THE RIGHT START

with the

RAYS

As a Year Round Team We Offer a Variety of Swim Levels:

- Quality Coaching for all Levels;
- (Beginner to World Champ Trials)
- Four Practice Locations
- Convenient Flexible Practice Schedules
- Swim Meets are NOT Mandatory
- Multiple Swimmer Discounts
- Social Events - Campouts, Bowling, Rafting
- Participation in Other Sports/Activities allowed
- Solid Track Record as Winning Swim Team at the District, Region, and State Level.

YMCA membership includes:

*Free two hours of daycare each day
*Fitness classes
*Full equipped fitness center
*Children's programs for all ages
*No Y Joining Fee
*Discounted Y Swimmer Memberships

For more information, contact Bob Herlinger (540) 207-0846
stingraybob93@comcast.net
or visit us on our website: www.swimrays.org

New RAYS Swimmer - $50 Discount Coupon

Bring this ad to RAYS Try-outs Monday 9 Aug or Tues 7 Sep from 5pm to 6:30pm or mail it in with the contract and receive **$50.00 off** registration for 10/11 season.

Not valid for High School Program *Expires: 09/30/2010*