

**STINGRAYS SWIM TEAM**

**Individual Records Report for LC\_MET-L**

**2009 YMCA National Long Course Championship 27-Jul-09 to 31-Jul-09 LC Meters**

**Female 13-14 50 Breast**

37.73      **PAULA MOTSENBOCKER at SMAC**      **6/20/2008**      **RAYS -VA**

34.41    \*\*      Kayla Brumbaum at 2009 YMCA Na  
tional Long Course Championship      7/27/2009      6712 -VA

**Female 15-16 50 Breast**

37.07      **LINA ZIMMERMAN at SR Champs**      **7/23/2009**      **RAYS -VA**

36.54    \*\*      Catie Schmitz at 2009 YMCA Nat  
ional Long Course Championship      7/27/2009      6712 -VA

**Male 15-16 & OPEN 200 Free**

1:59.19      **MIKE CAMPER at NBAC**      **6/5/2009**      **RAYS -VA**

1:58.25      **ADAM CALLOWAY at Y Nats**      **8/1/2006**      **RAYS -VA**

1:55.41    \*\*      Josh Friedel at 2009 YMCA Nati  
onal Long Course Championship      7/27/2009      6712 -VA

**Male 15-16 & OPEN 400 Free**

4:13.46      **JOSH FRIEDEL at Big Cat**      **6/25/2009**      **RAYS -VA**

4:12.08      **ADAM CALLOWAYS at Y Nats**      **8/1/2006**      **RAYS -VA**

4:07.40    \*\*      Mike Camper at 2009 YMCA Natio  
nal Long Course Championship      7/27/2009      6712 -VA

**Male 15-16 50 Back**

28.30      **NICK LLOYD at Y Nats**      **7/28/2003**      **RAYS -VA**

28.04    \*\*      Josh Friedel at 2009 YMCA Nati  
onal Long Course Championship      7/27/2009      6712 -VA

**Male 15-16 & OPEN 100 Back**

58.47      **JOSH FRIEDEL at JR Nats**      **3/17/2009**      **RAYS -VA**

57.04    \*\*      Josh Friedel at 2009 YMCA Nati  
onal Long Course Championship      7/27/2009      6712 -VA

**Male 15-16 & OPEN 200 Back**

2:02.23      **JOSH FRIEDEL at World Champ Trials**      **7/7/2009**      **RAYS -VA**

2:01.70    \*\*      Josh Friedel at 2009 YMCA Nati  
onal Long Course Championship      7/27/2009      6712 -VA

**Male 15-16 & OPEN 200 Fly**

2:07.77      **Greg Monn at JR Nats**      **8/2/1991**

2:03.13    \*\*      Josh Friedel at 2009 YMCA Nati  
onal Long Course Championship      7/27/2009      6712 -VA

**Male 17-18 & OPEN 50 Fly**

27.04      **TREVOR CARR at SMAC**      **6/20/2008**      **RAYS -VA**

26.43    \*\*      Trevor D. Carr at 2009 YMCA Na  
tional Long Course Championship      7/27/2009      6712 -VA