



Jeff Rouse Swim & Sport Center Equipment List

Manta White

Cap
Goggles
Water Bottle
Fins (no Diving
Fins)

Manta Red

Cap
Goggles
Water Bottle
Fins (no Diving
Fins)

Manta Blue

Cap
Goggles
Water Bottle
Fins (no Diving Fins)

High School Performance

Cap	Fins (no Diving Fins)
Goggles	Water Bottle

Bronze

Cap	Snorkel	Fins (no Diving Fins)
Goggles	Pull Bouy	Mesh Equipment Bag
Water Bottle	Strokemaker Paddles (#0.5)	

Silver

Cap	Snorkel	Pull Bouy
Goggles	Strokemaker Paddles (#1)	Mesh Equipment Bag
Water Bottle	Fins (Arena Powerfin II or Speedo DMC Elite)	

Gold

Cap	Snorkel	Nose Clip
Goggles	Strokemaker Paddles (#1-2)	Pull Bouy
Water Bottle	Fins (Arena Powerfin II or Speedo DMC Elite)	Mesh Equipment Bag

Gold 1

Cap	Snorkel	Nose Clip
Goggles	Strokemaker Paddles (#1-4)	Pull Bouy
Water Bottle	Fins (Arena Powerfin II or Speedo DMC Elite)	Mesh Equipment Bag